



TRIGGERED

**WHEN YOU REALIZE YOU HAVE A PROBLEM INSIDE YOU,
YOU HAVE A FIGHTING CHANCE TO WIN THE WAR AROUND YOU**

**There is some good in the worst
of us and some evil in the best
of us.**

“

Martin Luther King Jr.

**sin is rebellion against God found
in your desires, your thoughts,
and your behavior...**

it's a disease that needs a cure.

sin is the kryptonite that will
keep every single person from
the power Jesus supplies and
the Presence he provides



TRIGGERED

**GIVE SIN YOUR BOOT (NOT YOUR BACK):
YOU NEED A BATTLE PLAN**

”

**IF YOU FAIL TO PLAN,
YOU PLAN TO FAIL.**

Matthew 16:21–23

21 From that time Jesus began to show his disciples that he must go to Jerusalem and suffer many things from the elders and chief priests and scribes, and be killed, and on the third day be raised.

22 And Peter took him
aside and began to rebuke
him, saying, "Far be it from
you, Lord! This shall never
happen to you."

23 But he turned and said to Peter, "Get behind me, Satan! You are a hindrance to me. For you are not setting your mind on the things of God, but on the things of man."

give sin your boot by...

**1. CONFIRMING YOUR MIND TO
THINGS OF GOD**

**God only builds his Kingdom,
his way.**

**the desires of this world are
defined by**



desires of the flesh



desires of the eyes



pride of life

**John
Mark
Comer**

**The
Ruthless
Elimination
of
~~Hurry~~**

**Foreword
by
John
Ortberg**

the problems we
experience and all
the negative
ramifications that
follow are because
we live without the
presence of God in
our daily living

how much time per year the average American spends on...



Social Media



TV



Reading

how much time per year the average American spends on...



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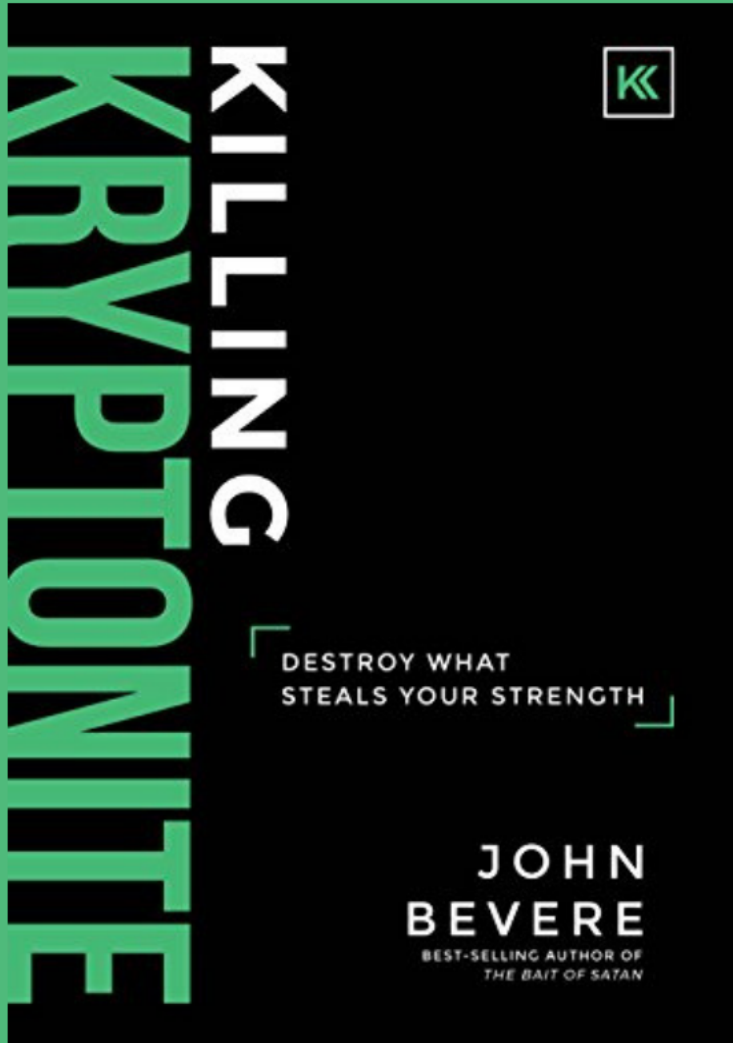


Reading

we don't make time for God,
pay little attention to him, and so,
have minimal awareness of him.

you won't get what you want
until you are willing to lose all you
have

When you pursue this world and
its desires, you oppose God



When we put anyone, anything, or any activity before the word of the Lord, what is not sin becomes sin... [God] only asks to remain first on our priority list.

“

The devil has influenced this world so deeply that the world's values are quite often the devil's values; by valuing the things human beings value (like lack of suffering), Peter shows himself in league with the devil.

“

Craig S. Keener

**You give Satan and sin your
back and not your boot
when you demand your
way.**

give sin your boot by...

**2. CONVERTING YOUR DESIRES
TO WHAT JESUS REQUIRES**

24 Then Jesus told his disciples, "If anyone would come after me, let him deny himself and take up his cross and follow me. 25 For whoever would save his life will lose it, but whoever loses his life for my sake will find it.

26 For what will it profit a man if he gains the whole world and forfeits his soul? Or what shall a man give in return for his soul?

an apprentice of jesus will be
guided by 3 goals...

i. be with Jesus

ii. become like Jesus

iii. do what he would do if he
were you

– JMC –

Jesus gives a Battle Plan to his apprentices...

- 1. DENY yourself**
- 2. TAKE UP your cross**
- 3. FOLLOW me**

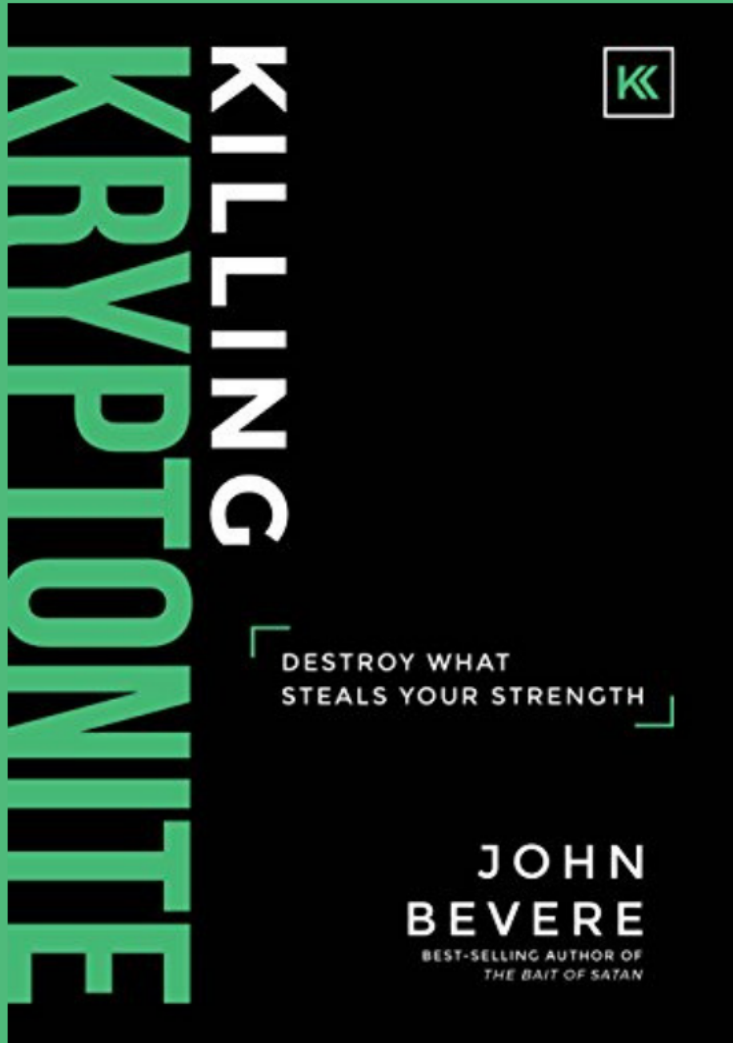
27 For the Son of Man is going to come with his angels in the glory of his Father, and then he will repay each person according to what he has done.

give sin your boot by...

**3. CONCLUDING THAT JESUS'
REWARD IS WORTH MORE THAN
ALL THE WORLD**

Sin will take you farther than you want to go, keep you longer than you want to stay, and cost you more than you want to pay

”



Repentance certainly involves the mind but goes deeper; it involves our will and our emotions. It penetrates to the depth of our heart where we are firmly persuaded from the core of our being.



1. Identify your triggers (ask God to reveal the people, places, situations, or thoughts that lead you toward sin and away from him)
- 2. Build out actions you will take when you come in contact with your triggers**

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2. **Build out actions you will take when you come in contact with your triggers**

TRIGGERS

Tempted to fear consequences of my sin

I will

STEP back and breath slow, deep breaths

PRAY thru 2 Chronicles 7:14–16 / Psalm 138

CONFESS anxiety to God as sin

REACH OUT for prayer support

**Tempted to believe that I deserve pleasure and my
pleasure has greater value than God's pleasure**

I will

step back and breath slow, deep breaths

confess to God my unbelieving heart and my pride as wicked
sin

meditate on Romans 6:12, 21-23

reach out for prayer support

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3. Find allies to go to war with you and give them your BP

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- 4. Commit to honesty, humility and vulnerability with your AP's**

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4. Commit to honesty, humility and vulnerability with your AP's
- 5. Go do it**

Only a cause worth dying for
is truly worth living for

“

Craig S. Keener

You are loved

you are sent